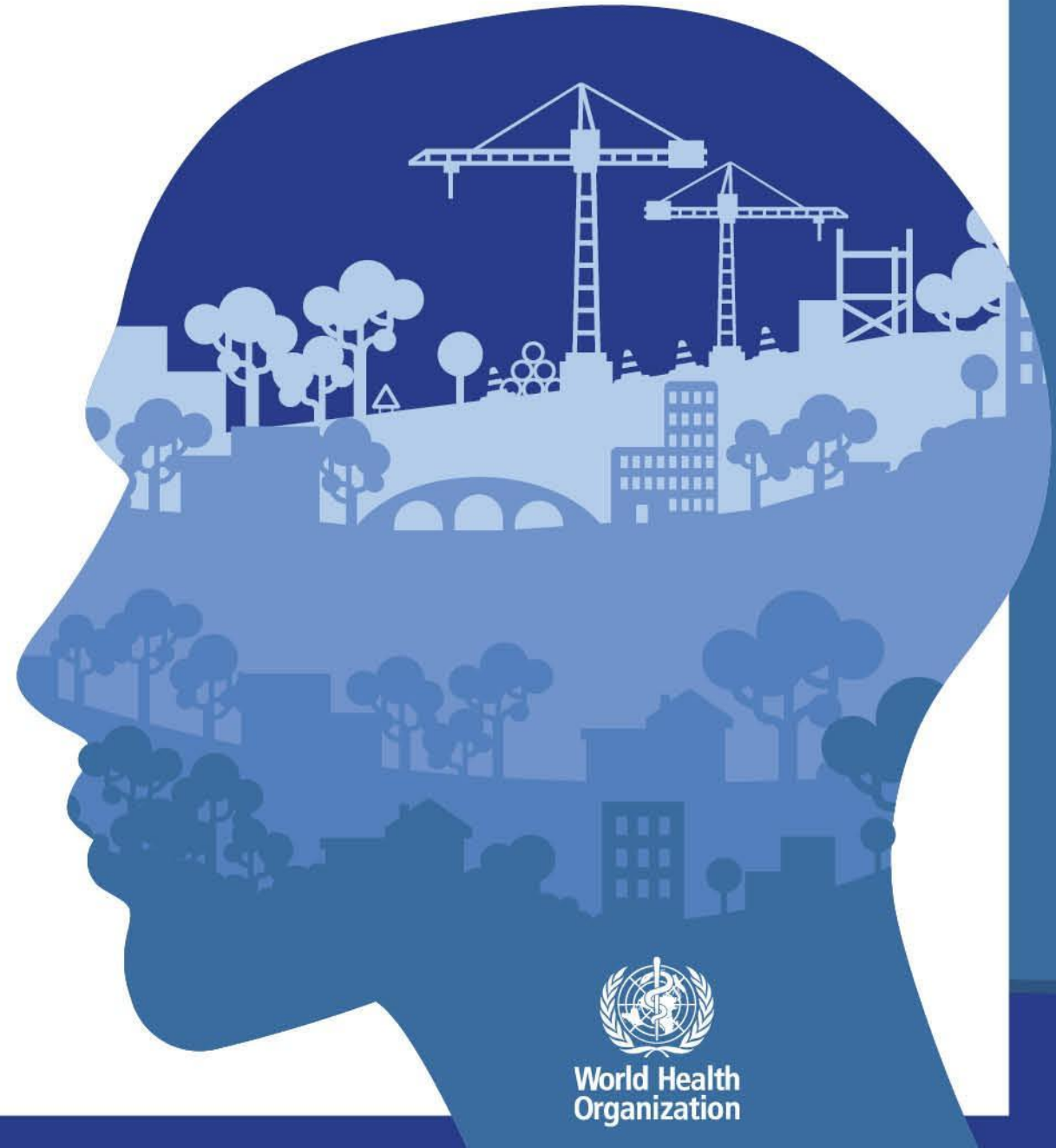


Mental health impacts of the COVID-19 pandemic



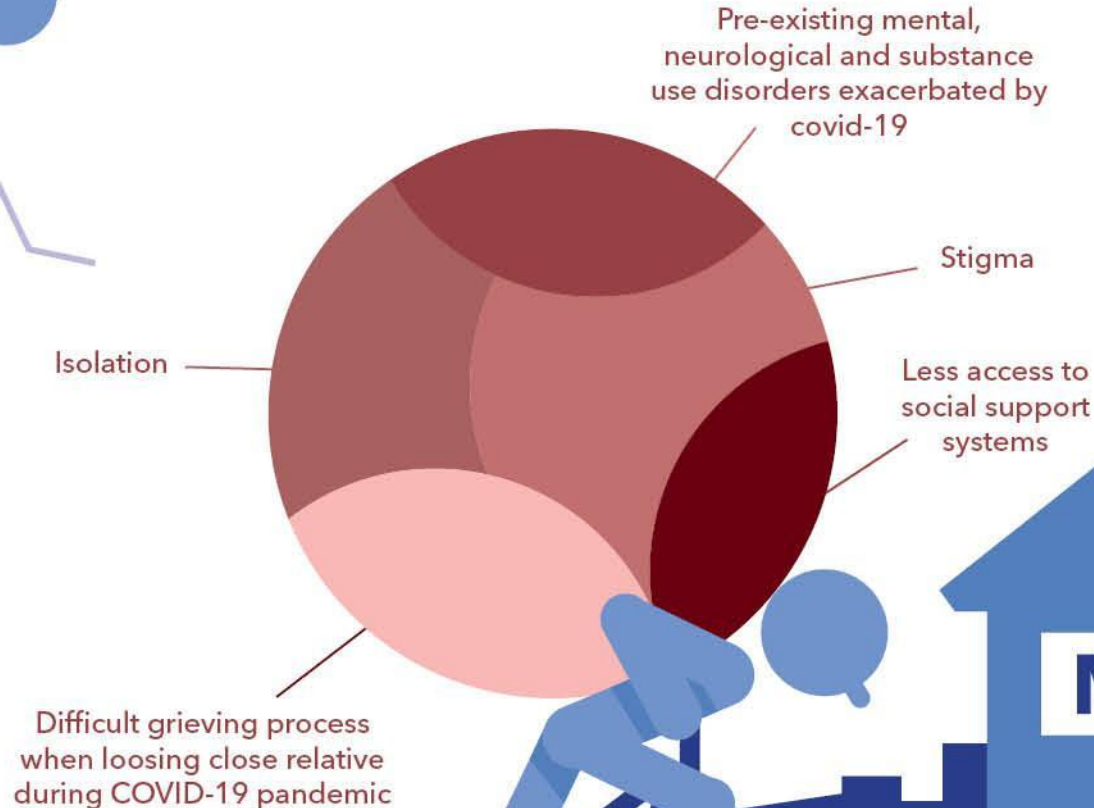
World Health
Organization

Adversity is a risk factor for short-term and long-term mental health problems.



World Health Organization

COVID-19 pandemic is causing widespread anxiety, panic, feeling of helplessness and uncertainty.



Many countries have limited community MNS Services

Mental Health and Psychosocial Support (MHPSS) is an integral component of countries responses to COVID-19

89%



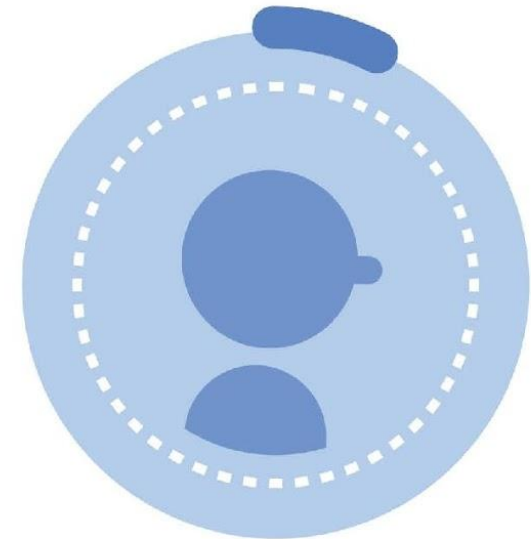
reported MHPSS as
part of their national
COVID-19 response
plans.

2/3rd



of the countries have a multisectoral
MHPSS coordination platform for
COVID-19 response engaging
health, social, education, NGOs and
other stakeholders

Only
17%



of these countries have
ensured full additional
funding for MHPSS
covering all activities.

MHPSS identified as a priority during COVID-19 response



World Health Organization

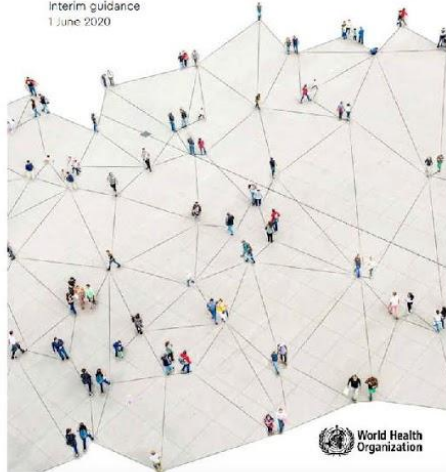
UNSG
UNICEF
UNHCR
IOM
OCHA
UNFPA
WHO



Mental health is a priority

Maintaining essential health services:
operational guidance for the
COVID-19 context

Interim guidance
1 June 2020



World Health Organization

GLOBAL HUMANITARIAN RESPONSE PLAN COVID-19

UNITED NATIONS COORDINATED APPEAL
APRIL – DECEMBER 2020

GHPR MAY UPDATE



"Inclusion of mental health and psychosocial support as integral and cross-cutting component in public health emergency responses."



Policy Brief: COVID-19 and the Need for Action on Mental Health

13 MAY 2020

United Nations

United Nations
General Assembly

A/RES/75/11

Date: Lunched
10 September 2020
Original: English

Seventy-fifth session
Agenda items 14 and 120

Integrated and coordinated implementation of and follow-up
to the outcome of the major United Nations conferences
and summits in the economic, social and related fields
Implementation of the resolutions of the United Nations

Draft resolution submitted by the President of the General Assembly¹
**Comprehensive and coordinated response to the coronavirus
disease (COVID-19) pandemic**

The General Assembly,

Recognizing that the coronavirus disease (COVID-19) pandemic is one of the
greatest global challenges in the history of the United Nations, and noting with deep
concern its impact on health and the loss of life, mental health and well-being, as well
as the negative impact on global humanitarian needs, the achievement of human rights
and across all spheres of society, including in livelihoods, food security and nutrition,
and education, the exacerbation of poverty and income disparities in economic,
trade, scientific and technological, and the exacerbation of economic and social
inequalities within and among countries, which is reversing hard-won development
gains and hampering progress towards achieving the 2030 Agenda for Sustainable
Development and all its Goals and targets,

Expressing solidarity with all people and countries affected by the pandemic,
and reaffirming its commitment to the Charter of the United Nations and the
Sustainable Development Goals and targets,

Determined to address the COVID-19 pandemic through a global response
based on unity, solidarity and renewed multilateral cooperation among States, peoples
and institutions that enhance the ability and resilience of States and other relevant
stakeholders to fully implement the 2030 Agenda for Sustainable Development,

Reaffirming its commitment to the purposes and principles of the Charter of the
United Nations as well as the duty of States to cooperate with one another in
pursuing cooperative objectives,

¹ Based on the technical annex on 1 September 2020.

² In order for the General Assembly to take action on the present proposal, it will be necessary to
adopt a resolution on the basis of the present proposal.

³ E/2020/11.

2020/11/11

United Nations

MHPSS in humanitarian settings



World Health
Organization



1 in 5 of people
living in conflict
settings may have a
mental disorder

MHPSS is a crosscutting area of
relevance to all sectors and clusters
in humanitarian settings. (IASC
Principals 5 December)

IASC

a collaboration of 60
international humanitarian
organizations.

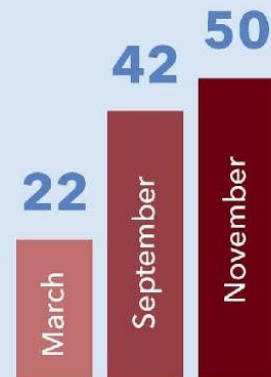


co-Chairs IASC MHPSS
Reference Group.

MHPSS has for first time a
monitoring indicator in GHRP.



Total number of
GHRP prioritized
countries with
functioning MHPSS
multisectoral
coordination
platform increase:

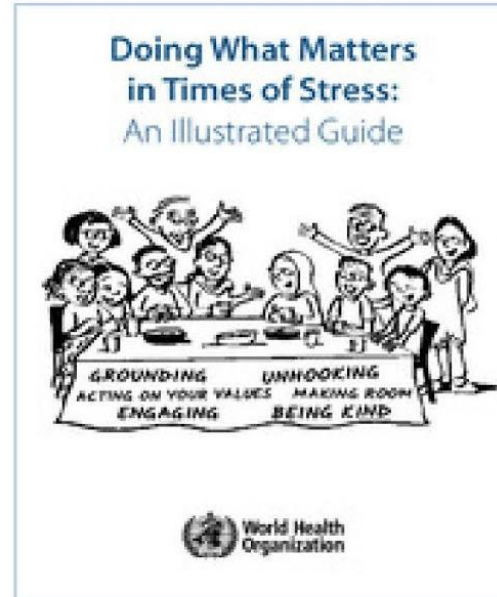
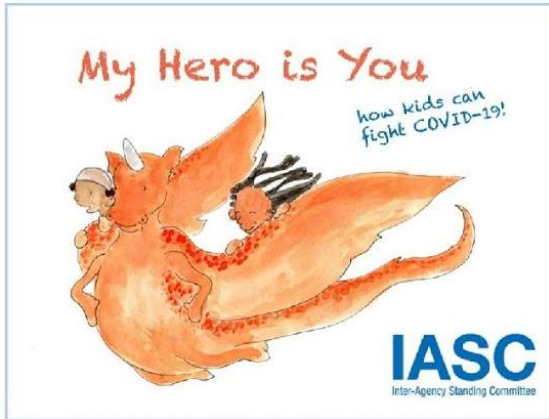


Support to the first
interagency rapid
deployment mechanism
for MHPSS coordinators,
launched by Netherlands
Enterprise Agency.
15 deployments in 2020

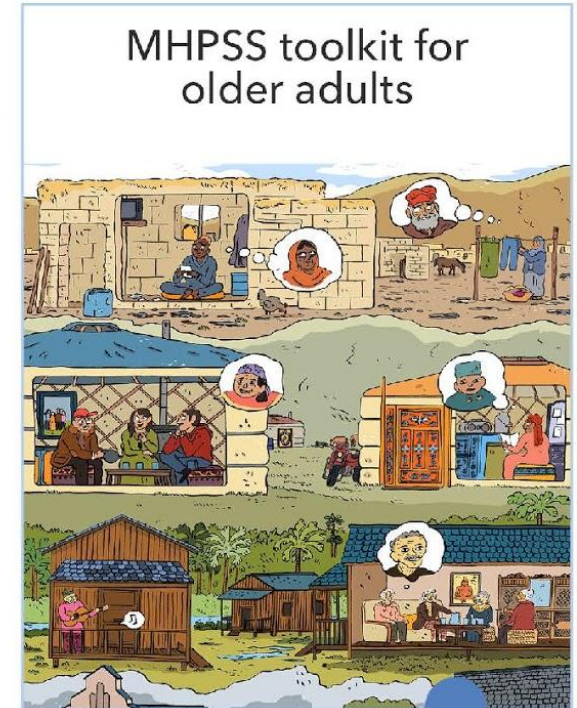
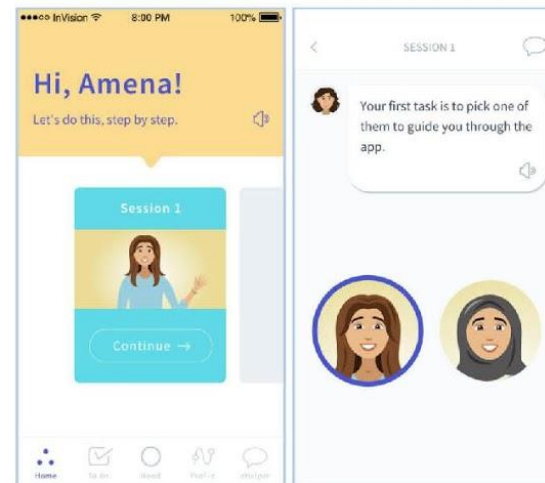
Practical tools for the general public: MHPSS innovations across the life-course



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Step-by-Step



Resources for clinical providers



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104 case studies
received from
40 countries from
all WHO regions



Stories from the field: Providing mental health and psychosocial support during the COVID-19 pandemic

MH/N and the [World Health Organization](#) Department of Mental Health and Substance Use are collaborating to highlight the incredible efforts of individuals and organisations providing mental health and psychosocial support during the COVID-19 pandemic.

The stories below share innovation and best practice through personal narratives from health care workers around the world.

[Mental Health and COVID-19](#)

[Resources by Population Group](#)

[Cross-cutting Resources](#)

[Webinar Series](#)



Staff support during COVID-19: MHPSS initiatives from Miri General Hospital, Malaysia



Dr Raja Lope Adam, psychiatrist and MHPSS Team Leader at Miri General Hospital in Malaysia.

[Access here >](#)

Luchando contra el COVID-19: Mental health support for migrants in Trinidad and Tobago



Dr Margaret Nakhid-Chatoor, Immediate Past President of the Trinidad and Tobago Association of Psychologists.

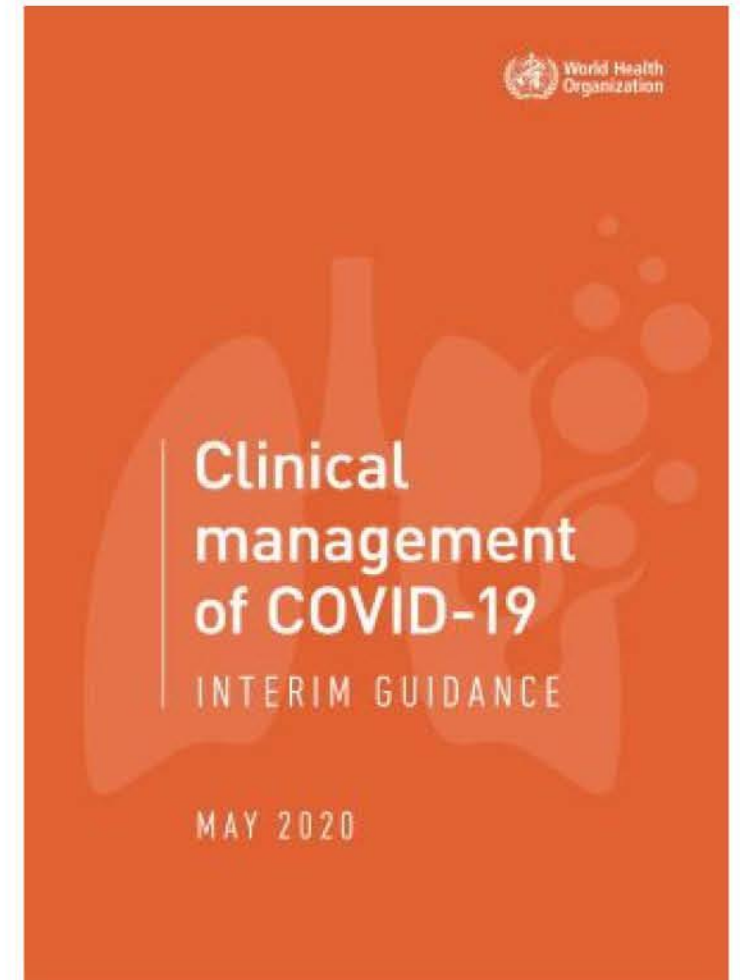
[Access here >](#)

Technology as an ally and barrier: Supporting older adults in Ecuador and Spain during COVID-19



Andrea Alvarado, Clinical Psychologist from Ecuador specialising in working with the elderly.

[Access here >](#)

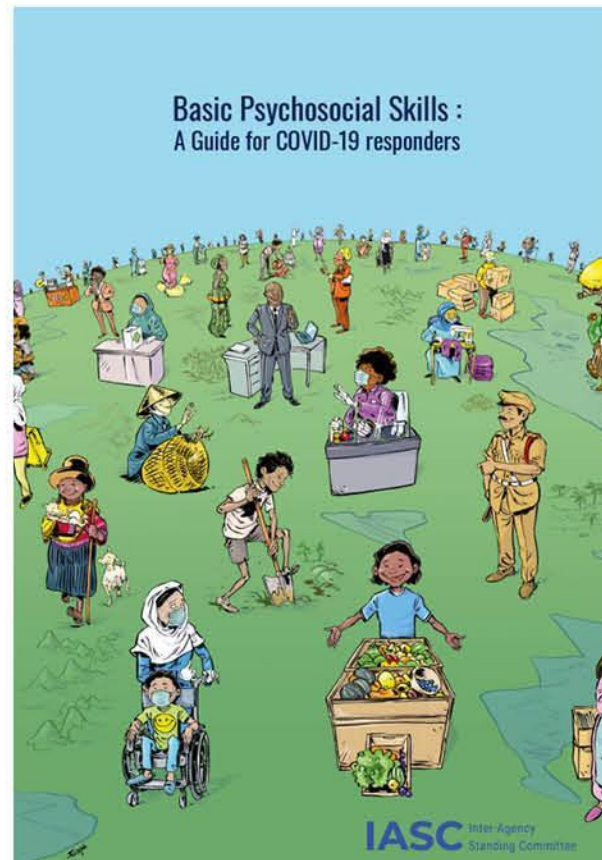
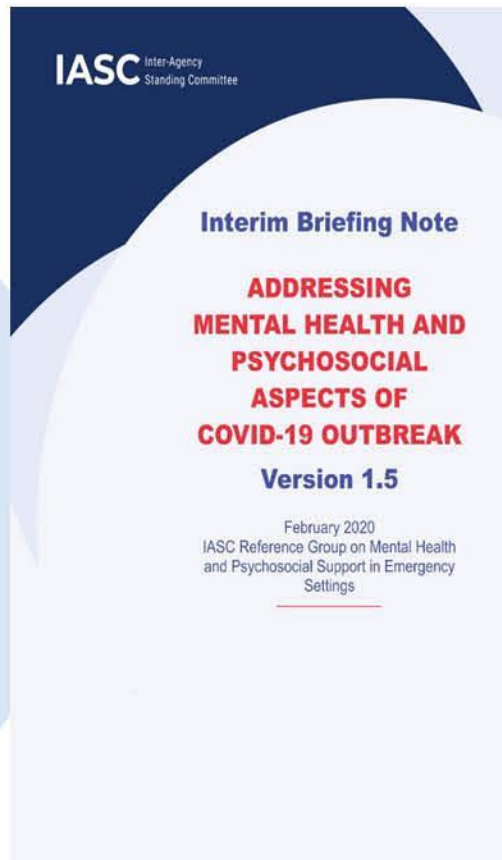


Guidance to agencies and responders



World Health
Organization

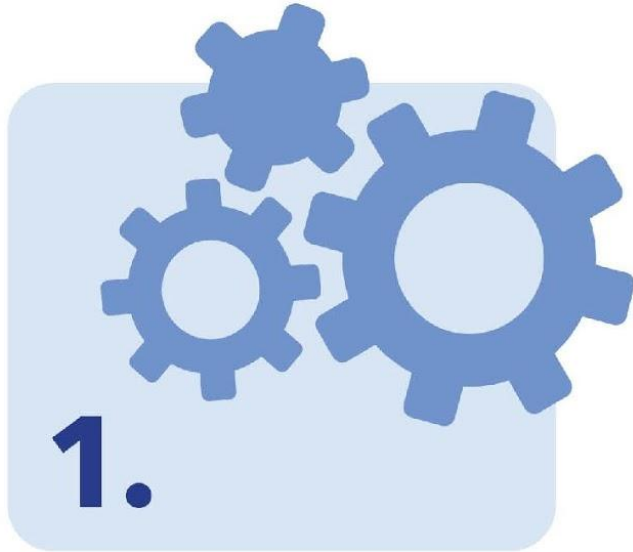
IASC Interim Guidance



The way forward: 1- Apply a whole-of-society approach to promote, protect and care for mental health:



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Including mental health and psychosocial considerations in emergency risk reduction and management strategies across sectors and emergency phases.



Responding proactively to reducing pandemic-related adversities (for example, social isolation and unemployment).



Crafting all COVID-19-related communications in accessible formats to reach at-risk and marginalized people.

The way forward 2- Ensure widespread availability of emergency mental health and psychosocial support:



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1

**Supporting
community actions
that strengthen social
cohesion and reduce
loneliness.**

3

**Ensuring
uninterrupted care for
mental, neurological
and substance use
disorders.**

5

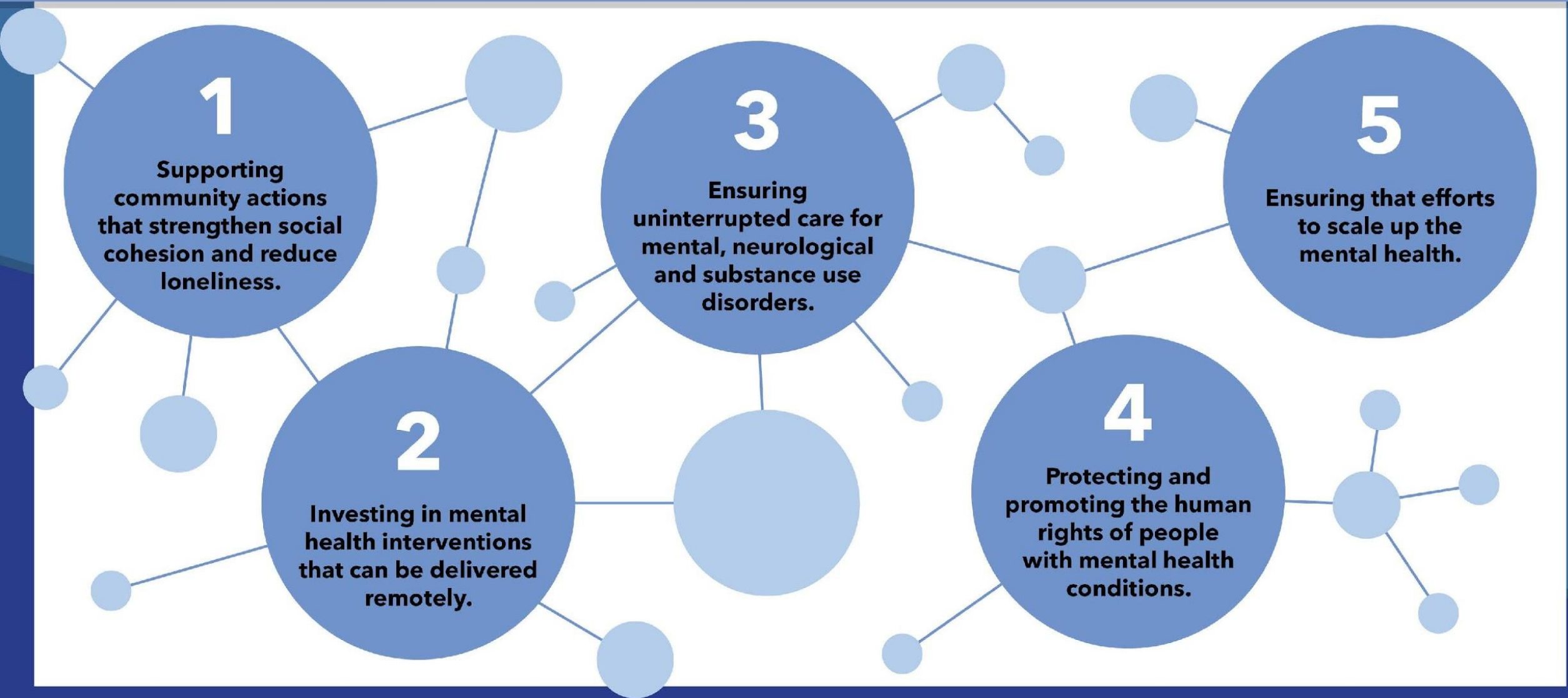
**Ensuring that efforts
to scale up the
mental health.**

2

**Investing in mental
health interventions
that can be delivered
remotely.**

4

**Protecting and
promoting the human
rights of people
with mental health
conditions.**



The way forward 3- Support recovery from COVID-19 by building mental health services for the future:



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Organization

1.

Using the current momentum of interest in mental health to catalyse mental health reforms.

2.

Ensuring that mental health is part of universal health coverage.

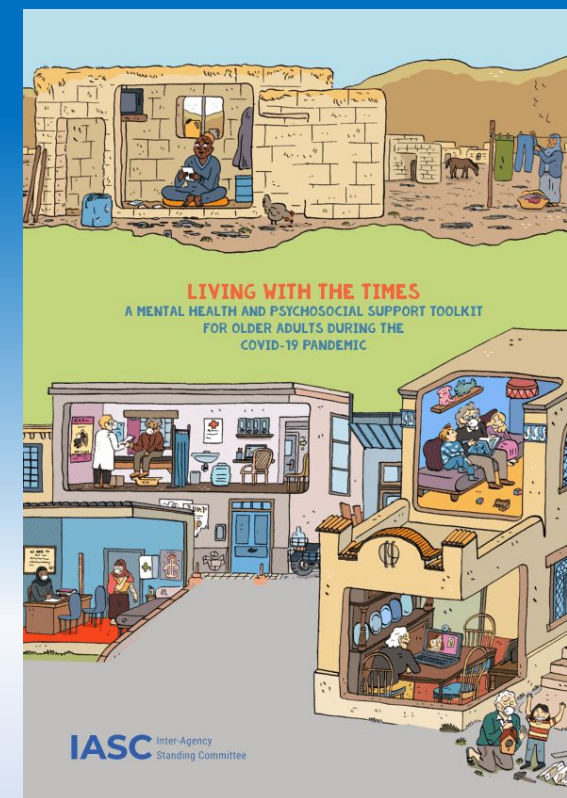
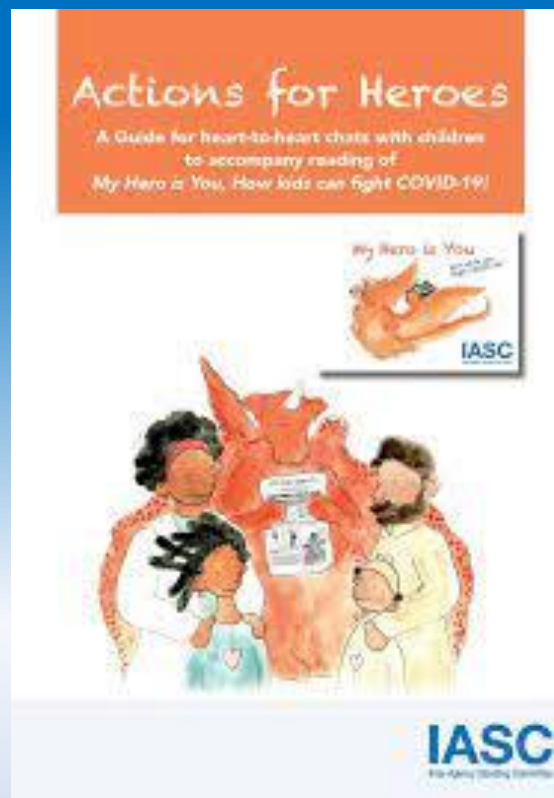
3.

Building human resource capacity to deliver mental health and social care.

4.

Organizing community-based services that protect and promote people's human rights and actively involve people with mental health conditions and psychosocial disabilities in the design, implementation and monitoring of services.





Just published